

## QUEST HOCKEY SPRING TACTICAL DEVELOPMENT PROGRAM

This will be our third year running this program, which focuses on tactical skill development. Players will learn the X's and O's of hockey that we observe many players lack proficiency in. Intra-squad scrimmages and small area games will be utilized to teach and develop tactical skills. The team, which will be limited to 20 skaters and 2 goalies, will be comprised of A Major and AA skill level players.

### Spring Tactical Development Program:

- Includes 8, 50 minute full-ice practices
- Evening practices starting at 6 or 7 PM at Bethel Park Bladerunners
  - 2 practices in April, 6 practices in May
  - Tuesdays, Wednesdays or Thursdays
  - Quest Hockey Apparel included - Dangler Zip-Up Hoodie, Snapback Hat, Shorts and Breakaway T-Shirt [\$155 Retail Value]
- Reversible Quest Hockey Jersey [\$30 Retail Value]
- NO GAMES - We will not play any games. Any and all competition will be intra-squad. Because it's spring hockey, we believe the player's time will be best served learning and developing on the ice with us.
- Player Cost: \$400
- Goalie Cost: \$225

### Offensive Focus:

- Finding the Soft Spot/Mirroring the Puck
- Creating Speed Behind the Puck
- Supporting the Puck and Switching Lanes
- Specific situations: 2v1, 3v1, 3v2, 1v1
- Forechecking/Pursuing the Puck
- Checking/Battling/Angling

### Defensive Focus:

- Defensive Zone Positioning
- Breakout and Regroup Strategy
- Shooting from the Point
- Specific situations: 2v1, 3v1, 3v2, 1v1
- Transitioning with the puck

Please note the focus of this program will be on tactical development, not skill development. For skill development, check out our [battle & checking camps](#), [power skating program](#) or [scoring and stick skills program](#).

To ensure your player's participation, please [REGISTER YOUR PLAYER HERE](#) ASAP and send a check made payable to Quest Hockey to:

Quest Hockey  
3021 Texas Ave  
Pittsburgh, PA 15216

We'll accept registrations as they are received. We are excited about the opportunity to contribute to the development of your player. Please let us know if you have any questions as we'd be happy to help!